

Christian Maturity Assessment Tool

The Bible calls us to be, not just believers in Jesus, but fruitfully-mature followers of Jesus. The Bible also clearly presents that calling as a destination at the end of a life-long journey. This tool is designed to help you assess where you are in that journey and to isolate specific areas for your next steps toward the fulfillment of our calling.

Please answer each question honestly, rating yourself on a scale of 1 to 5 as follows:

1. Almost Never

2. Rarely

3. Sometimes

4. Often

5. Almost Always

Enter your responses in the first column beside each numbered question.

The most accurate picture will come after you go over your responses with a trusted Christian support and accountability partner for consideration and affirmation. Enter the agreed upon responses in the second column.

If you don't understand a question, place a 1 in the first column for that question and discuss it with your accountability partner.

1. ___ ___ I have a willingness to seek advice from Christians more mature than myself.
2. ___ ___ I am emotionally aware of the fact that Jesus died for my sin.
3. ___ ___ I see the effects of God using me in ways beyond my ability.
4. ___ ___ I recognize areas of my life where I need to grow to be more like Christ.
5. ___ ___ I have a desire to meet the needs around me.
6. ___ ___ I pray to know and love the Lord more intimately.
7. ___ ___ I do my part to ensure that my human relationships are healthy.
8. ___ ___ I share my faith with the unbelievers I know.
9. ___ ___ I pray about decisions before I make a commitment.
10. ___ ___ I understand the Biblical principles of tithing and giving free-will offerings.
11. ___ ___ I sense God's presence in my life.
12. ___ ___ I stop and think about my words before I speak them.
13. ___ ___ I am very knowledgeable on Biblical topics.
14. ___ ___ I submit to those in authority over me without great stress.
15. ___ ___ I thank Jesus for what He did for me at Calvary.
16. ___ ___ I pray to be filled with (empowered by) the Holy Spirit.
17. ___ ___ I ask the Lord to reveal areas of my life in which I need to grow.
18. ___ ___ I know what my spiritual gifts are.
19. ___ ___ I can identify areas of my life that have become more Christ-like this year.
20. ___ ___ I have specific people with whom I have authentic Christian community.
21. ___ ___ I cultivate friendships with unbelievers in order to lead them to Christ.
22. ___ ___ I have a quiet time with the Lord.
23. ___ ___ I give at least 10% of my income to the church.
24. ___ ___ I recognize God's voice and follow His leadings.
25. ___ ___ I refuse to engage in gossip.
26. ___ ___ I make my decisions from a Biblical worldview.
27. ___ ___ I acknowledge that God is the source of all my talents and abilities.
28. ___ ___ I am emotionally impacted by the needs of the people around me.
29. ___ ___ I pray with other Christians to be filled with (empowered by) the Holy Spirit.
30. ___ ___ I set specific goals toward my own spiritual growth toward maturity.
31. ___ ___ I am serving in the niche God specially designed for me in His Body.
32. ___ ___ I pray that Jesus will be Lord over every decision I make in life.

33. ___ ___ I follow the Matt. 18 process when I discover conflict in my relationships.
34. ___ ___ I pray with people to accept Christ as their personal Savior.
35. ___ ___ I see my prayers answered.
36. ___ ___ I can see specific blessings in my life that I attribute to being a giver.
37. ___ ___ I am able to control my emotions even in the face of personal difficulties.
38. ___ ___ I pray that the Lord will use my tongue for building others up.
39. ___ ___ I am confident I answer correctly when asked for answers to Biblical questions.
40. ___ ___ I prayerfully accept the responsibilities associated with being a Christian influence in the lives of others.
41. ___ ___ I help others to see their need of the Savior.
42. ___ ___ I challenge others to step out into areas that require Holy Spirit empowerment to succeed.
43. ___ ___ I help others to move toward maturity in their faith.
44. ___ ___ I help others discover, develop and use their spiritual gifts in the Body.
45. ___ ___ I pray with other Christians to make Jesus the Lord of their life.
46. ___ ___ I help others to biblically resolve problems in their relationships.
47. ___ ___ I teach others how to share their faith with their unsaved friends.
48. ___ ___ People seek me out to pray for them and I do so readily.
49. ___ ___ I tell others about the blessing of being a tither.
50. ___ ___ I help others believe God is in control even when they can't see it naturally.
51. ___ ___ I role model careful speech for others.
52. ___ ___ I teach Biblical principles to others.

Compiling Your Score:

Step One: Record your answer from the first column for each question, in the box below labeled with the corresponding number.

Step Two: Total each column, recording your sum in the lettered boxes at the bottom of each column.

Step Three: Add the totals from the lettered boxes across the bottom and record your sums.

Step Four: Repeat the process for your second column answers.

Charting My Personal Responses: (The first column)

1-	2-	3-	4-	5-	6-	7-	8-	9-	10-	11-	12-	13-
14-	15-	16-	17-	18-	19-	20-	21-	22-	23-	24-	25-	26-
27-	28-	29-	30-	31-	32-	33-	34-	35-	36-	37-	38-	39-
40-	41-	42-	43-	44-	45-	46-	47-	48-	49-	50-	51-	52-
A -	B -	C -	D -	E -	F -	G -	H -	I -	J -	K -	L -	M -

My total is: _____

Charting the Results from My Affirmation Meeting: (The second column)

1-	2-	3-	4-	5-	6-	7-	8-	9-	10-	11-	12-	13-
14-	15-	16-	17-	18-	19-	20-	21-	22-	23-	24-	25-	26-
27-	28-	29-	30-	31-	32-	33-	34-	35-	36-	37-	38-	39-
40-	41-	42-	43-	44-	45-	46-	47-	48-	49-	50-	51-	52-
A -	B -	C -	D -	E -	F -	G -	H -	I -	J -	K -	L -	M -

My Total Affirmed Score is: _____

Graphing your score:

Step One: Once you have completed the scoring tables above, circle the number on the graph that matches your total score for each column: e.g. If your total in Column A of your “Personal Response” chart is 12 then circle the number 12 in Column A on the graph. Then repeat the process with your “Affirmed” score. You may wish you use a different color ink for clarity after graphing your results.

Step Two: Once all of your totals are transferred to the graph, connect the circles to reveal your graphs. This graph will reveal potential areas for spiritual growth. The two lines will help you to see the level of understanding you have about your own Christian maturity.

Humility	Brokenness	Holy Spirit Empowerment	Desire to Grow	Serving Heart	Pure Motives	Healthy Relationships	Sharing My Faith	Prayer	Giving	Faith	Careful Speech	Biblical Worldview
A	B	C	D	E	F	G	H	I	J	K	L	M
20	20	20	20	20	20	20	20	20	20	20	20	20
19	19	19	19	19	19	19	19	19	19	19	19	19
18	18	18	18	18	18	18	18	18	18	18	18	18
17	17	17	17	17	17	17	17	17	17	17	17	17
16	16	16	16	16	16	16	16	16	16	16	16	16
15	15	15	15	15	15	15	15	15	15	15	15	15
14	14	14	14	14	14	14	14	14	14	14	14	14
13	13	13	13	13	13	13	13	13	13	13	13	13
12	12	12	12	12	12	12	12	12	12	12	12	12
11	11	11	11	11	11	11	11	11	11	11	11	11
10	10	10	10	10	10	10	10	10	10	10	10	10
9	9	9	9	9	9	9	9	9	9	9	9	9
8	8	8	8	8	8	8	8	8	8	8	8	8
7	7	7	7	7	7	7	7	7	7	7	7	7
6	6	6	6	6	6	6	6	6	6	6	6	6
5	5	5	5	5	5	5	5	5	5	5	5	5
4	4	4	4	4	4	4	4	4	4	4	4	4

Analyzing Your Composite Score:

Keep in mind that your current stage of development is not as important as the fact that you are growing. Maturity is defined as being at the appropriate level of development at each stage. So re-take this assessment at least once each year and measure yourself against your last assessment. If you are growing, God is honored!

Infant **40-95**
Adolescent **96-150**
Adult **151-205**
Parent **206-260**

My Affirmed Score is: _____

Isolating an Area for Development:

Meet with your spiritual mentor to go over your results. For best results ask him/her to take the test with your maturity in mind. Compare and discuss the two sets of results. The most accurate picture is probably somewhere between your personal assessment and your mentor's assessment of your current maturity level.

Select one to three of the lower areas from your graph and work with your support and accountability partner to establish a plan for growing that area this year.

Record your Personal Learning Goals following the model provided.

My Personal Learning Goals are:

Goal: (What do I feel called to accomplish? Goals, be specific enough to be measurable in order to be meaningful.)

Objective: (Why am I committing to accomplish this goal?)

Means: (How do I plan to accomplish the goal? Include the person that will provide support and accountability for you.)

Date: (When do I project to have accomplished this goal?)